

Dr. Wellens Ranked #6 In The USTA 4.5 Division “Power Rankings”

This past August, Dr. Wellens completed his first United States Tennis Association season for Valley Vista Country Club in Walnut Creek. The five month league competition required teams to compete during the regular season for playoff spots in an attempt to make it to the district tournament, the sectional tournament, and finally to a national competition.

Dr. Wellens had a 13 win — 3 loss singles record after an 11-year layoff from tennis. He played an extensive amount of junior tennis while growing up in Florida where he had a state and national ranking. As a senior in high school, Dr. Wellens declined various tennis scholarships in order to focus on his undergraduate studies and pursue a career in healthcare.

Dr. Wellens helped lead Valley Vista Country Club to a 12 — 2 regular season record. The team then made it through the playoffs and on to districts where they compiled a 3 — 0 record, which qualified them for the sectional tournament in Carmel, CA.

When Dr. Wellens is not on the tennis court, he enjoys playing in competitive basketball leagues, and participating in other outdoor recreational activities.

Dr. Wellens utilizes his experience in high-level competitive sporting activities to understand the mechanisms and treatments for various sport-related injuries. He has had an extensive amount of clinical experience in treating a variety of sport-related disorders such as “tennis elbow,” “golfer’s or baseball pitcher’s elbow,” ankle sprains, muscle strains, and other ligament and tendon sprains.

Wellens Chiropractic Center currently treats many members of the Valley Vista Tennis Team, and other athletes in various sports programs throughout the Bay Area.